

Practice Test

1

Practice Tests for the ECPE Book 2 Companion

WRITING, Page 20

- 1.1 issue (v)**
εκδίδω
to produce and give out something for people to use or buy
*The Ministry of Education **has issued** a new handbook, 'Safety in the Classroom', to all schools throughout the country.*
• issue (n)
- 1.2 guidelines (n)**
οδηγίες, κατευθυντήριες γραμμές
a set of rules and pieces of advice suggesting the best way to do something
*According to these exam tips and **guidelines**, students should always check their answers.*
- 1.3 impact (n)**
αποτέλεσμα, αντίκτυπος
a strong effect or influence
*Social media has a major **impact** on young people's lives by causing them to become more anxious about the way they look.*
• impact (v)

LISTENING PART 1, Problems 1 – 9, Page 21

- 1.4 postpone (v)**
αναβάλλω/μεταθέτω για άλλη ημερομηνία
to reschedule for a later date
*Due to today's bad weather, the game has been **postponed** and will now take place next Friday.*
• postponement (n)
- 1.5 attend (v)**
πηγαίνω σε συγκεκριμένο χώρο τακτικά
to go regularly to an event or a place (e.g. a school)
*Neil's teachers contacted his parents to tell them that their son had not been **attending** school and to ask why he had missed so many classes.*
• attendance (n), attendee (n)
- 1.6 imply (v)**
υποννιώ, υπαινίσσομαι
to say something in an implicit way and not directly
*Although Jessica didn't say so directly, her words **implied** that she considered the boss' plan to be foolish.*
• implication (n)
- 1.7 approve (of something) (v)**
εγκρίνω
to be of the opinion that someone or something is good or acceptable
*My father has always been a strong believer in hard work, and he does not **approve** of me taking time off to relax.*
• approval (n), approving (adj), disapproving (adj)
- 1.8 clarify (v)**
ξεκαθαρίζω, διευκρινίζω
to make something clearer and easier to understand
*The students were still confused, so the lecturer had to **clarify** the point and explain everything again in simpler language.*
• clarification (n), clarity (n)
- 1.9 term (n)**
όρος, έννοια
a word or phrase describing something, usually in a specific field
*Education experts use the **term** 'psychometry' to refer to some methods of assessment.*
• terminology (n), term (v)
- 1.10 major (n)**
βασικό, πρωτεύον μάθημα, ειδίκευση
the main subject someone studies at college/ university
*In the first year of college, Paul studied chemistry and biology, and in the second year he chose biology as his **major**.*
• major (v)
- 1.11 side effect (n)**
παρενέργεια
an unintended, usually negative effect of a drug or medical treatment
*One of the **side effects** of taking painkillers is sleepiness.*

- 1.12 go overtime** (phr)
continue for longer than the expected or required time
*Each side in the debate has two minutes to explain his/her argument, and participants are not allowed to **go overtime**.*
• overtime (n)
- 1.13 wrap up** (phr v)
ολοκληρώνω, τελειώνω
to complete or finish something
*Mr. Jenkins **wraps up** each class by saying, "OK, kids, that's enough study for today – see you next time!"*
- 1.14 tuition** (n)
δίδακτρα
money that students pay for teaching at a college or university
*Students at this university have to pay \$20,000 per year in **tuition**.*
- 1.15 dorm** (n) (also **dormitory**)
φοιτητική εστία
a building in a college or university where students live
*Many first-year students rent a room in the university **dorm** then move into private apartments in their second year.*
- 1.16 campus** (n)
πανεπιστημιούπολη
university or college grounds and buildings
*Situated 5 km outside the city, the university **campus** comprises thirty buildings.*
- 1.17 qualify (for something)** (v)
διαθέτω τα προσόντα
to meet the necessary requirements in order to claim a right, benefit or advantage
*You only **qualify** for a bank loan if you earn over \$50,000 per year.*
• qualification (n), qualified (adj)
- 1.18 enroll (in or on something)** (v)
γράφομαι
to register or join
*Students who are interested in taking the music course, which begins on September 20, have until September 10 to **enroll**, by filling in the online form and paying the course fee.*
• enrollment (n)
- 1.19 enhance** (v)
ενισχύω, βελτιώνω
to make the quality or value of something even better
*This app improves color and focus, to **enhance** the quality of your pictures.*
• enhancement (n)
- 1.20 aesthetic** (n)
αισθητική, καλαισθησία
a particular approach or style for making something beautiful
*In ancient Egypt, the royal **aesthetic** was based strongly on animals, with kings and queens wearing makeup and clothes inspired by cats, birds, and snakes.*
• aesthetic (adj), aesthetically (adv)
- 1.21 bash** (n)
πάρτυ
a party or social event
*To celebrate the end of another school year, the students organized a huge **bash**, with a live DJ.*
- 1.22 downbeat** (adj)
καταθλιπτικός, μελαγχολικός, ήσυχος
depressing, pessimistic, or gloomy
*Following yet another defeat, the mood in the team is understandably **downbeat** and depressed.*
- 1.23 escapism** (n)
απόδραση, φυγή από τη πραγματικότητα
seeking distraction from reality or routine, especially by entertainment or imagination
*A common form of innocent **escapism**, video games help to take players' minds off the troubles and difficulties of real life.*
• escapist (adj)

1.24 **inhaler** (n)

συσκευή για εισπνοές

a device that is used to breathe medicine into the lungs

*Carl felt himself on the verge of an asthma attack, so he quickly pulled out his **inhaler** and took in a deep breath.*

• inhale (v), inhalation (n)

LISTENING PART 1, Problems 10 – 20, Page 22

1.25 **conduct** (v)

διεξάγω

to organize and do something (e.g. an experiment)

*Scientists **conduct** research to make new discoveries.*

• conduct (n)

1.26 **cash register** (n)

ταμειακή μηχανή

a machine in which money is kept for transactions (e.g. in a store)

*At the supermarket exit, there was a large line of people waiting to pay, as only one of the **cash registers** was working.*

1.27 **stopover** (n)

ενδιάμεση στάση κατά τη διάρκεια ταξιδιού

a short stay or stop somewhere during a long journey

*I couldn't afford a direct flight to Vienna so I had to make a **stopover** in Zurich.*

1.28 **deadline** (n)

προθεσμία

the time/date by which something needs to be done

*If you hand in your assignment after the **deadline**, your grade will be reduced.*

LISTENING PART 1, Problems 10 – 20, Transcript

1.29 **pick up** (phr v) [4]

βελτιώνομαι, καλύτερεύω

to improve, become better

*The first three songs are kind of boring, but from the fourth song on, the album **picks up** and gets really good.*

1.30 **journal** (n)

επιστημονικό περιοδικό

a type of magazine, written for professionals

*Medical **journals** have articles informing doctors about the latest research.*

1.31 **to run checkout** (phr)

αναλαμβάνω την ταμειακή μηχανή/ταμείο

to work at the cash register

*Supermarket workers who **run checkout** need good math skills, as they take customers' payment and give them their change.*

1.32 **have a sweet tooth** (phr)

μου αρέσουν τα γλυκά

to like sweets, sugary foods

*If you **have a sweet tooth**, you're gonna love the new candy store on the corner.*

1.33 **sucker: be a (total) sucker for** (phr)

πεθαίνω για κάτι, μου αρέσει πάρα πολύ

to like something very much

*Tina **is a total sucker for** romantic movies and she can easily watch four or five in a single evening.*

1.34 **at the crack of dawn** (phr)

νωρίς το πρωί

at sunrise, the break of day

*My flight departs at 5.30 am, which means I have to get up **at the crack of dawn**.*

1.35 **display** (v)

τοποθετώ κάτι (π.χ. προϊόν) σε τέτοιο σημείο ώστε να το δει πολύς κόσμος

to place something in such a way that a lot of people can see it

*The students' art works are **displayed** in the entrance, where everyone can see them as soon as they arrive at the school.*

• display (n)

1.36 mingle (with someone) (v) [2]
 συναναστρέφομαι, ανακατεύομαι
 to mix and talk with others socially
*At parties, Lucy tends to stand on her own in the corner, instead of **mingling with** the other guests.*

1.37 genre (n)
 είδος (λόγου, τεχνών)
 a particular type/style of literature, art, movie, architecture, etc.
*The movies of director Phillip Tantini mix the **genres** of comedy and horror.*

1.38 forum (n)
 διαδικτυακός χώρος συζητήσεων
 a meeting (usually online) in which people discuss matters of common interest
*The organizer of the **forum** asked all participants to mute their microphones before the discussion began.*

1.39 by the skin of my teeth (phr)
 παρατρίχα, την τελευταία στιγμή
 only just
*The train doors were already closing, but Matthew ran and managed to get on **by the skin of his teeth**.*

1.40 crash out (phr v)
 'ξεραίνομαι' στον ύπνο
 to go to bed and sleep deeply after becoming extremely tired
*Beth hadn't slept for two days, and she couldn't wait to get to her hotel room and **crash out**.*

LISTENING PART 2, Problems 21 – 26, Page 23

1.41 podcast (n)
 ψηφιακό αρχείο αναπαραγωγής ραδιοφωνικής εκπομπής
 a downloadable or streamable radio program
*The latest **podcast** in the 'Modern Writers' series is about James Joyce, and you can listen to it by clicking on this link.*

1.42 misinformation (n)
 λάθος πληροφόρηση, παραπληροφόρηση
 inaccurate information, often used to deliberately trick people
*Social media sites delete posts that spread **misinformation** and lies in order to support a political party.*
 • misinform (v), misinformed (adj)

1.43 fiber (n)
 ίβα
 an indigestible substance in food that helps to move digestible food through the digestive system
*Many whole wheat breakfast cereals contain **fiber**, which is an important component of a well-balanced diet.*
 • fibrous (adj)

1.44 supplement (n)
 συμπλήρωμα
 a substance, often in the form of a pill, which a person takes in order to gain enough of a nutritional substance (e.g. vitamins or iron) which is lacking in his/her usual diet
*It's important to get plenty of vitamin C when you have a cold, so I'm going to the pharmacy to buy some vitamin C **supplements**.*
 • supplement (v), supplementary (adj)

1.45 associated (with something) (adj)
 που συνδέεται με κάτι, που συσχετίζεται με κάτι
 connected with something else (e.g. as a result)
*There are many health benefits **associated with** regular physical exercise.*
 • association (n)

1.46 additive (n)
 προσθετικό τροφίμων
 a chemical added to food in order to improve or preserve it
*Packaged bread contains **additives** to prevent it going bad quickly.*

1.47 cellulose (n)
 κυτταρίνη, η βασική ουσία των κυττάρων
 a substance that forms the cell walls or fibers of plants
*The **cellulose** in wood pulp is used for making paper.*

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- 1.48 break down** (phr v) [1]
διαϊρώ σε μικρότερα μέρη
to change a substance into separate chemical parts
*Plants remove carbon dioxide from the atmosphere and **break it down** into oxygen and water.*
• breakdown (n)
- 1.49 nutrient** (n)
θρεπτική ουσία
a substance in food necessary for health
*Healthy food has essential **nutrients** like protein and vitamins.*
• nutritious (adj), nutrition (n)
- 1.50 digestion** (n)
χώννεψη, πέψη
the process of food being broken down into substances which can be used by the body
*From the time the food is eaten, **digestion** usually takes around four hours.*
• digest (v), indigestion (n), digestive (adj), (in)digestible (adj)
- 1.51 aid** (v)
βοηθώ
to help, assist
*Music can **aid** concentration, making it easier for you to focus for long periods on a task.*
• aid (n)
- 1.52 colon** (n)
παχύ έντερο
the organ in the body which carries out the final stages of digestion
*The **colon** absorbs water from undigested food, thus forming waste.*
• colonic (adj)
- 1.53 agent** (n)
παράγοντας
a substance that catalyses a chemical or physical reaction
*This bacteria is a common disease **agent** that can lead to damaging biological reactions.*
- 1.54 pulp** (n) [1]
πολτός
a thick, wet mass, made from crushing fibers to make them smaller and mixing with water
*Wood **pulp** is used in paper manufacturing.*
• pulp (v), pulpy (adj)
- 1.55 processed** (adj)
(usually food) artificially prepared with a chemical that preserves, adds extra taste or color, etc.
*You should only feed your dog natural meats and avoid letting him/her eat **processed** meats such as ham and salami.*
• process (v)
- 1.56 controversy** (n)
διαφωνία, επίμαχο ζήτημα
angry argument about a subject that people hold opposing opinions about
*In the late 1970s, there was huge **controversy** surrounding punk music, with many people claiming that punk caused violence and anti-social behavior.*
• controversial (adj)

LISTENING PART 2, Problems 21 – 26, Transcript

- 1.57 compound** (n)
σύνθετο σώμα, χημική ένωση
a substance formed from two or more simpler chemical elements
*Fat is an organic **compound** made from carbon, hydrogen and oxygen.*
- 1.58 standpoint** (n)
άποψη, σκοπιά
point of view, opinion
*The idea that people should marry at a young age used to be a popular **standpoint**, but opinions about marriage are rapidly changing.*
- 1.59 whole grain** (n)
τροφή ολικής άλεσης
a food, such as bread or cereal, which is not processed and includes all parts of the grain
*Many dietitians recommend **whole grains**, such as brown bread, as these foods are healthier.*
• wholegrain (adj)

- 1.60 digestive tract** (n)
 πεπτική οδός
 the system of organs in the body responsible for the digestion of food and removal of waste
*A gastroenterologist is a doctor who specializes in treatment of the **digestive tract**.*
- 1.61 small intestine** (n)
 λεπτό έντερο
 part of the digestive tract, located between the stomach and the colon, which is involved in the digestion and absorption of food after it leaves the stomach
*Although it is all curled up in the abdomen, the average length of the **small intestine** is about seven meters.*
- 1.62 bulk up** (phr v)
 αυξάνω σε μέγεθος
 to add material to something to make it larger or fatter
*Max is much too thin to dress up as Santa Claus, but we can **bulk him up** by putting wads of tissue paper under his clothes.*
 • bulk (n)
- 1.63 cost-prohibitive** (adj)
 απαγορευτικά ακριβός
 too expensive to afford or make possible
*Unfortunately, the company's finances are low, and expensive marketing strategies, such as providing free samples of our product, are **cost-prohibitive**.*
 • prohibitive (adj), prohibitively (adv)
- 1.64 sanctuary** (n)
 καταφύγιο, άσυλο
 a place where injured or homeless animals are looked after and protected
*The dog **sanctuary** provides a safe home for dogs that have been rescued from the streets.*
- 1.65 prompt someone to do something** (v) [1]
 παροτρύνω
 to cause someone to decide to take a certain action
*The endless noise from next door **prompted** John to report his neighbors to the police.*
 • prompt (n)
- 1.66 shelter** (n)
 καταφύγιο, ξενώνας
 a place offering protection from danger, bad weather, etc.
*The old, empty house was safe and warm and provided us with **shelter** from the storm.*
 • shelter (v)
- 1.67 expertise** (n)
 ειδική γνώση, τεχνογνωσία, γνώση υψηλού επιπέδου
 high-level knowledge or skill in a particular field
*Our company attaches great importance to employee **expertise**, which is why we organize regular training sessions for our workers to improve their skills and knowledge.*
 • expert (n)
- 1.68 transmit** (v) [1]
 μεταδίδω (π.χ. ιό, ασθένεια)
 to spread a disease and cause infection
*Some scientists have proven that animals can **transmit** this deadly virus to humans.*
 • transmission (n), transmittable (adj)
- 1.69 illustrate** (v)
 διευκρινίζω, επεξηγώ, απεικονίζω
 to use examples, charts, pictures, etc., in order to explain something or make it clear
*In this chapter, I will explain my view that greater social equality is a necessity for economic growth, **illustrating** my argument with examples from my own country.*
 • illustration (n), illustrative (adj)
- 1.70 infection** (n)
 μόλυνση, λοίμωξη
 disease caused by bacteria or a virus
*You need to take antibiotics to cure your ear **infection**.*
 • infect (v), infectious (adj)

LISTENING PART 2, Problems 27 – 32, Page 24

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1.71 disorder (n)

διαταραχή

a temporary illness or permanent condition that interferes with physical or mental functioning
*Beth suffers from a rare heart **disorder** that makes her resting heart beat much faster than it should be.*

1.72 respiratory (adj)

αναπνευστικός

related to breathing

*To ensure proper **respiratory** health, your lungs need to breathe in clean, fresh air.*

• respiration (n), respire (v)

1.77 efficiently (adv)

αποτελεσματικά

in such a way that a task is completed quickly, effectively, and without wasting time
*To complete each study task **efficiently** and without wasting time, you need to organize a work plan.*

• efficient (adj), efficiency (n)

1.78 refute (v)

αντικρούω, διαψεύδω

to prove that something (e.g. a statement or theory) is wrong, false, or inaccurate
*These prehistorical archeological findings **refute** the theory that no humans inhabited this area before 1000 AD.*

• refutation (n), refutable (adj), irrefutable (adj)

LISTENING PART 2, Problems 27 – 32, Transcript

1.73 outraged (adj)

έξαλλος, εξοργισμένος

extremely angry or shocked

*It is understandable that the workers are **outraged** about yet another cut in their wages.*

• outrage (n), outrageous (adj)

1.74 on the spur of the moment (phr)

πάνω στην έξαψη της στιγμής

suddenly, without any planning

*The idea just came to me **on the spur of the moment**, without any searching or planning.*

1.75 entity (n)

φορέας, οργανισμός, οντότητα

a thing with distinct and independent existence

*In a secular state, the government and the church are kept separate, as completely different **entities**.*

1.79 misconception (n)

παρανόηση, παρεξήγηση

an opinion or belief, based on misunderstanding or incorrect thinking, which does not correspond to the facts

*This health advice, which was based on inaccurate experimental data, gave rise to the common **misconception**, still held by many today, that vitamin C cures colds.*

• misconceive (v), misconceived (adj)

1.80 highlight (v)

τονίζω (τη σημασία), επισημαίνω

to place emphasis on something (e.g. a fact) and draw people's attention to it

*This article deliberately **highlights** the government's achievements while saying nothing about its failures.*

1.81 arise (v)

προκύπτω, συμβαίνω

(of a problem, a situation, etc.) to appear, especially unexpectedly

*The team thought they had planned the trip perfectly, but no sooner had they set off than problems began to **arise**.*

LISTENING PART 2, Problems 33 – 38, Page 25

1.76 recount (v)

αφηγούμαι, εξιστορώ

to tell someone about something (e.g. an event or personal experience)

*In this part of the novel, the author **recounts** what happened to her on the last part of her journey, when she was attacked by a wild bear.*

• recount (n)

1.82 diverse (adj)
 showing a wide variety of different types
ποικίλος
*This composer's music brings together a **diverse** range of styles, everything from Western classical to African folk.*
 • diversity (n), diversify (v)

1.83 coordinator (n)
συντονιστής, συντονίστρια
 a person who organizes events or activities and makes sure everyone involved works together successfully
*As **coordinator** for this meeting, Mary will invite participants to speak when it is their turn and make sure correct procedure is followed.*
 • coordination (n), coordinate (v)

1.84 commitment (n) [1]
δέσμευση, αφοσίωση
 willingness to give your time and energy to a cause, an activity, a task, etc.
*No one can doubt Tony's **commitment** to his job, as he spends most days working hard at the office.*
 • committed (adj), commit (v)

1.85 get along (well) (with someone) (phr v)
τα πάω καλά με κάποιον/-α, έχω καλές σχέσεις με κάποιον/-α
 have a friendly and positive relationship
*Saul and Paul used to **get along well** as kids, but as adults they're always arguing.*

1.86 heightened (adj)
αυξημένο, οξυμένο
 unusually intense
*The strange music in this scene of the movie creates a **heightened** feeling of anxiety and even fear.*
 • heighten (v)

1.87 current (adj)
τωρινός, σημερινός
 happening, being used, or being done now, in the present time
*Even though he used to earn more, David is happier in his **current** job than he was in the job he had before.*
 • currently (adv)

1.88 principle (n)
κανόνας, θεμελιώδης αρχή
 a central idea that directs how people think, how people do things, etc.
*All political policies should be based on the **principle** of fairness and the belief that everyone deserves equal opportunities.*

1.89 benchmark (n)
σημείο αναφοράς, παράδειγμα, πρότυπο
 a general standard that can be referred to when assessing a particular example or case
*When marking a student's essay, teachers can compare that essay to those contained in this file, which provide useful **benchmarks**.*

LISTENING PART 2, Problems 33 – 38, Transcript

1.90 overlook (v) [1]
παραβλέπω, αγνοώ, αντιπαρέρχομαι
 to fail to notice or consider something important
*Many people think that airplane travel is dangerous, since they **overlook** the fact that accidents are extremely rare.*

1.91 optimal (adj)
βέλτιστος
 the best or most effective
*This desk lamp offers **optimal** lighting for study – not too bright, and not too dim.*
 • optimize (v), optimum (n), optimum (adj)

1.92 sufficient (adj)
επαρκής
 enough
*The minimum grade requirement for entry into this college is 20/40, so a grade of 22/40 is **sufficient** to earn you a place.*
 • insufficient (ant), sufficiency (n), suffice (v)

1.93 complement (v)
αλληλοσυμπληρώνω
 to add something to someone or something so that it becomes even better
*The relaxed atmosphere in the restaurant is **complemented** by laid-back and soothing music.*
 • complement (n)

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1.94 figure out (phr v)

λύνω, διαπιστώνω

to find the solution to a problem or the answer to a question

*The city has solved the problem of air pollution, but there is still the problem of water pollution to **figure out**.*

• work out (synonym)

1.95 evaluate (v)

εκτιμώ, αξιολογώ

to assess someone or something and reach a conclusion about their/its value, effectiveness, size, amount, etc.

*When **evaluating** the quality of a movie, the criteria we use are mostly based on movies that we already like.*

• evaluation (n)

1.96 emerge (v) [2]

αναδύομαι, προκύπτω

(of a problem, a situation, etc.) to appear, especially unexpectedly

*Everything seemed to be going perfectly, but unexpected problems were about to **emerge**.*

• emergence (n), emerging (adj)

1.97 allot (v)

κατανέμω, διαθέτω/δίνω

to allow someone to have something (e.g. time, resources) for a particular purpose

*Only ten minutes of the meeting has been **allotted** for us to discuss the new plan, but I think we will need longer than that.*

• allotment (n)

1.99 migration (n)

μετανάστευση

a journey that animals make, from one region to another, when the season changes

*During the winter **migration**, millions of birds fly from their summer homes in California to their winter homes in the south.*

• migrate (v), migratory (adj)

1.100 reject (v)

απορρίπτω, αρνούμαι

to refuse to accept something (e.g. a theory) that is not good enough

*The college **rejected** Paul's application because he does not have the qualifications required.*

• rejection (n)

1.101 altitude (n)

υψόμετρο, ύψος

the height of an object or point (e.g. a mountain top) above sea or ground level

*The village is located high in the Himalayan mountains, at an **altitude** of 2,000 meters.*

1.102 lifespan (n)

διάρκεια ζωής

the amount of time a person or animal lives or a thing functions or exists

*Dogs have much shorter lives than humans, with the average **lifespan** around ten years.*

1.103 reproduce (v)

αναπαράγω

to produce offspring

*Over the course of their lives, whales of this species only **reproduce** three times, but each female can give birth to up to thirty baby whales.*

• reproduction (n), reproductive (adj)

1.104 dehydrate (v)

αφυδατώνω

to become sick due to a lack of water in the body

*The human body can only survive without water for two or three days before it **dehydrates** and stops functioning.*

• dehydration (n), dehydrated (adj)

LISTENING PART 3, Problems 39 – 44, Page 26

1.98 average (adj)

μέσος όρος, συνήθης

the number, amount, value, etc., which represents the most usual value on a scale, calculated by adding up all the values on the scale and dividing the total by the number of values

*The ages of professional basketball players ranges from 19 to 35, with the **average** age 26 years old.*

• average (v)

1.105 estivate (v)

είμαι σε θερινή νάρκη

(of an insect, fish, or amphibian) to remain in an inactive state during a hot or dry period
*When summer temperatures rise above forty degrees, the frogs remain permanently in the water and **estivate** until cooler weather arrives.*

• estivation (n)

LISTENING PART 3, Problems 39 – 44, Transcript**1.106 semi-arid** (adj)

ημι-άνυδρος, με σχετική ξηρασία

(of a region or climate) almost as dry as a desert but with slightly more rain
*Some plants can grow in the **semi-arid** regions on the edge of the desert, but conditions in the desert itself are too dry for anything to grow.*

• arid (adj), aridity (n)

1.107 correspondent (n)

ανταποκριτής

a journalist who writes or presents news reports for a newspaper or broadcasting organization
*As the newspaper's main culture **correspondent**, Julie writes articles about cultural events, such as exhibitions and new publications.*

1.108 larva (n) (pl: larvae)

κάμπια, προνύμφη

the infant form of an insect, after it has hatched from the egg and pupa
*Mosquito **larva** are too young to fly and remain close to the water.*

• larval (adj)

1.109 swell (v)

φουσκώνω, διογκώνομαι

to become or make much greater in number, amount, volume, intensity, etc.
*Due to the heavy rain, the river **swelled** and flooded its banks.*

• swell (n), swollen (adj)

1.110 elevation (n)

ύψωμα, υψόμετρο

considerable height, especially above sea level
*At an **elevation** of 2,000 meters above sea level, there is very little oxygen in the air.*

1.111 track (v)

παρακολουθώ την εξέλιξη

to locate or study someone or something that is in motion

*The researchers placed an electronic device on several of the lions, so that they could **track** the animals' movements.*

1.112 current (n)

ρεύμα (πχ. αέρος, νερού)

a large flowing body of water or air
*A strong **current** pulled the boat further out to sea.*

1.113 pattern (n)

επαναλαμβανόμενο μοτίβο

a clear and recognizable repetition in the way in which something happens or is done
*The birds fly north during the first moon phase then south during the second phase, and this happens every month, according to a fixed **pattern**.*

1.114 from scratch (phr)

από την αρχή

starting from zero, without building on any previous work or progress
*I accidentally put salt in the cake mixture instead of sugar, so I had to throw everything out and begin again **from scratch**.*

1.115 dormancy (n)

περίοδος νάρκης/αδράνειας

a state of deep sleep in which an organism's biological functions stop or slow down, e.g. during the winter
*During this three-month period of **dormancy**, the mice do not leave their nest and do not need to feed at all.*

• dormant (adj)

Practice Tests for the ECPE Book 2 Companion

1.116 bunch (n)

μπουκέτο, αρμαθιά, τσαμπί

a large number or quantity

*I hope you have lots of time, because I have a **bunch** of questions to ask you.*

1.117 stump (n)

κούτσουρο, απομεινάρι

the bottom part of a tree trunk, left sticking out of the ground after most of the tree has fallen or been cut down

*After the logging company came and cut all the trees down, there was nothing left of the forest but **stumps** in the bare ground.*

1.118 barn (n)

στάβλος, αχυρώνας

large storage building on a farm

*All the farm equipment is kept in a **barn** that was built one hundred years ago.*

1.119 perplex (v)

μπερδεύω

to completely confuse someone

*The confusing contradictions in his argument left me utterly **perplexed** and unable to understand exactly what he was getting at.*

• perplexity (n), perplexed (adj)

1.120 bone dry (adj)

εντελώς ξερός

completely dry

*The intense heat had caused the river to vanish, and the sun had left the river bed **bone dry**.*

1.122 focal point (n)

επίκεντρο

the point where most interest or activity is centered

*The real **focal point** of the exhibition – the part that most visitors had really come to see – were works by a new artist, who had been making the headlines recently.*

1.123 functional (adj) [1]

λειτουργικός

relating to the way in which something works or operates

*This instruction manual contains a **functional** description of how the device works, as well as information about safety and maintenance.*

• function (v), functionality (n), function (n)

1.124 landscape (n)

τοπίο

all the features, often beautiful ones, that can be seen on an area of land

*Every time I visit the Alps, I take pictures of the **landscape** of snow-covered mountain tops.*

• landscape (v)

1.125 conserve (v)

εξοικονομώ, διαφυλάσσω, συντηρώ

to prevent excessive and wasteful overuse of something (e.g. a natural resource)

*If the country doesn't do its best to **conserve** its fuel resources, these resources will soon be reduced to nothing.*

• conservation (n)

1.126 stimulate (v) [1]

διεγείρω, κινητοποιώ, παρακινώ

to encourage an increase in, or development of, an activity or a process

*Increased consumer spending will **stimulate** the economy and lead to growth.*

• stimulation (n), stimulating (adj)

1.127 elaborate (on something) (v)

επεξηγώ, επεκτείνομαι

to explain in more detail

*The writer **elaborates** on each idea by giving examples.*

• elaboration (n), elaborative (adj)

LISTENING PART 3, Problems 45 – 50, Page 27

1.121 sustainability (n)

βιωσιμότητα

maintaining an ecological balance by avoiding the overuse or destruction of resources

***Sustainability** can be achieved if trees cut down for timber are immediately replaced.*

• sustain (v), sustainable (adj), sustainably (adv)

LISTENING PART 3, Problems 39 – 44, Transcript

1.128 **grace** (v)

κοσμών, διακοσμών, προσδίδω ομορφιά/χάρη με την παρουσία μου

to make something (e.g. a picture) more beautiful by being a part of it

*Gigi Hadid has **graced** a lot of magazine covers with her beauty.*

• graceful (adv), gracefully (adv)

1.129 **residence** (n)

οικία, κατοικία, διαμονή

a home, place where someone lives

*If you move to a new place of **residence**, please inform the bank of your new address.*

• residential (adj), resident (n), residency (n)

1.130 **rooted: be rooted in** (phr)

έχω τις ρίζες μου, είμαι εδραιωμένος

originate in or be the result of something

*Many religious customs **are rooted in** traditions from thousands of years ago.*

• root (n)

1.131 **inception** (n)

έναρξη, αρχή

the starting point of an idea, organization, or activity

*The fall of the Berlin Wall, and the end of the Cold War, marked the **inception** of a new era in global politics.*

1.132 **metaphysical** (adj)

μεταφυσικός

related to abstract concepts, such as the meaning of life and existence, which are not easy to define through logic or reason

*Many people turn to religion in order to understand the **metaphysical** aspects of our existence, which are all too often ignored in a world ruled by money and material wealth.*

1.133 **anticipate** (v) [2]

προβλέπω, αναμένω

to guess or be aware of what will happen and act appropriately

*To be a skilful chess player, you need to **anticipate** your opponent's next move and plan how you will react.*

• anticipation (n), anticipatory (adj)

1.134 **transcend** (v)

υπερβαίνω, υπερέχω

to go beyond the ordinary limits of something (e.g. an idea or a normal situation)

*Spiritual meditation allows you to **transcend** the limits of your ordinary, day-to-day consciousness.*

• transcendence (n), transcendent (adj)

1.135 **mundane** (adj)

κοινότοπος, ανιαρός

not interesting or exciting

*It's surprising how much of our lives we spend doing boring, **mundane** tasks, like washing the dishes.*

• mundanity (n)

1.136 **in terms of** (phr)

όσον αφορά σε

with regard to a specific feature or aspect of something

*The new smartphone design has the same features as the old one, but it is much better **in terms of** style and appearance.*

1.137 **sprawling** (adj)

άναρχος, χωρίς ρυμοτομία

spreading out over a large area in a way that spoils that area or makes it less beautiful

*What was once beautiful natural forest had been replaced by a **sprawling**, ugly metropolis.*

• sprawl (v), sprawl (n), urban sprawl (n)

1.138 **fundamental** (adj) [2]

βασικός, θεμελιώδης

relating to the essential character of something

Philosophers try to answer some of life's

***fundamental** questions, such as 'Why do we exist?'*

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1.139 **fundamental (to something)** (adj) [1]

βασικός, θεμελιώδης

of key importance to something

*Perhaps money doesn't bring happiness, but having enough money to live comfortably is **fundamental** to people's wellbeing.*

1.140 **innovative** (adj) [1]

καινοτόμος, πρωτότυπος

(of a design, an idea, etc.) working in an advanced and original way

*Unlike older designs, this **innovative** new car design can run on solar power.*

• innovation (n)

1.141 **imaginative** (adj)

δημιουργικός, ευρηματικός

(of a design, an idea, etc.) characterized by new, advanced, and original methods

*What we need are new and **imaginative** solutions, not the same old-fashioned approaches.*

• imagination (n), imagine (v)

1.142 **obliterate** (v)

εξαλείφω, αφανίζω

to hide or cover something, so that it is difficult or impossible to see

*The smoke from the fires filled the sky, completely **obliterating** the sun.*

1.143 **maintain** (v) [1]

διατηρώ

to enable an advantageous condition or situation to continue

*Though the members of the work team live in different cities, they manage to **maintain** effective communication through the internet.*

• maintenance (n)

1.144 **sight line** (n)

οπτικό πεδίο

an imaginary line from the viewer's eye to the object he/she is looking at

*The architects made sure that there is an unblocked **sight line** to the stage from every single seat in the theater, so that every audience member can see clearly.*

1.145 **come up with** (phr v)

συλλαμβάνω, αντιλαμβάνομαι

invent something (e.g. an idea), especially when under pressure or in response to a need

*When Sophie's teacher demanded to know where her homework was, the best excuse she could **come up with** was: "My dog ate it."*

1.146 **float** (v)

επιπλέω

to be held above the ground, especially in a liquid (e.g. water) or a gas (e.g. the air)

*The feather **floated** in the air for a few seconds then fell to the ground.*

1.147 **lush** (adj)

πυκνόφυτος, πλούσιος σε βλάστηση

(of vegetation, especially grass) growing richly
*This desert area used to be covered by thick, **lush** forest.*

• luscious (adj)

1.148 **cable** (n)

σύρμα, καλώδιο

a thick rope or wire, usually made from metal, which is used in building construction

*Strong steel **cables** hold the bridge in place.*

1.149 **drive** (v) [1]

οδηγώ

to encourage someone to do something, especially something that is unusual or extreme

*The constant noise from next door is what **drove** us to call the police.*

1.150 **dig something up** (phr v)

φέρνω στην επιφάνεια, ξεθάβω

break up and move the earth away from an area
*In order to search for the tomb, archeologists had to **dig up** large areas of the public park.*

READING: GRAMMAR, Problems 51 - 66, Pages 28 - 29

1.151 census (n)

απογραφή πληθυσμού

an official of a population, usually carried out by the government

*According to the results of the 2013 **census** of the US population, 20% of people were aged over 60 years.*

1.152 prevalence (n)

επικράτηση, υπερίσχυση, διάδοση

the fact of being high common in a particular area or at a particular time

*The fact that this illness now affects four out of ten people shows that its **prevalence** is increasing.*

• prevalent (adj)

1.153 underfunded (adj)

υποχρηματοδοτούμενος

not provided with enough financial support from the government

*The education system has been **underfunded** for too long, and the government must provide more money for education.*

• fund (v), funds (n), funding (n)

1.154 ardent (adj)

ένθερμος, ενθουσιώδης

very enthusiastic or passionate

*An **ardent** basketball fan, Alan seems to base his whole life around the game.*

• ardor (n)

1.155 turn out (phr v)

αποδεικνύομαι

finally be recognized as true or different to what people had thought or expected

*Everyone thought that Jake had been lying, but to our surprise his claims **turned out** to be true.*

1.156 call off (phr v)

ματαιώνω

cancel something that had been planned or agreed to

*After a serious argument, Jan and Mike have decided to **call off** their wedding.*

1.157 bias (n)

προκατάληψη

a positive or negative belief about a person or a group of people, especially when that belief is unfair and not based on fact

*There has long been a **bias** against people with certain accents, with employers more likely to hire people with a "clean" and "educated" way of talking.*

• biased (adj), bias (v)

1.158 greed (n)

λαιμαργία, απληστία

selfish desire for something, especially wealth, power, or food

*In a healthy liberal capitalist system, people should be free to become rich and successful, but there need to be protections against acts of **greed**, such as refusing to pay workers properly and keeping all the money for the business owners.*

• greedy (adj)

1.159 scarcity (n)

σπανιότητα, έλλειψη

a shortage of something (e.g. food) that is necessary but not available in large enough quantities

*There are not enough new properties to house the growing population, and this **scarcity** can only be solved by building more houses.*

• scarce (adj)

1.160 coin (v)

πλάθω, επινοώ (λέξεις)

to invent a new word or phrase

*It was an American writer who originally **coined** the term 'cyberpunk'.*

• coinage (n)

1.161 occurrence (n)

συμβάν, περιστατικό

an event or incident

*In this city, crimes are a rare **occurrence**, happening so rarely that the police have little to do.*

• occur (v)

1.162 cluster (n)

συγκρότημα, σύμπλεγμα, συστάδα

a group of similar things or people that are located closely together

*This tropical savannah is mostly open ground, with only small **clusters** of trees in which to hide from predators.*

• cluster (v)

1.163 recreational (adj)

ψυχαγωγικός

relating to activities done in people's free time, when they are not working

*The problems faced by professional athletes are incomprehensible to people for whom sport is just a **recreational** activity.*

• recreation (n)

1.164 trap (n)

παγίδα

a trick which fools someone into doing something that damages their interests or aims

*If I had realized that Ruth was inviting me to the party as a **trap**, just to get me and John in the same room so that we might talk and solve our disagreement, I never would have agreed to come.*

• recreation (n)

1.165 mammal (n)

θηλαστικό

a warm-blooded animal that has hair or fur and drinks its mother's milk when young

*Humans are the only **mammal** that drinks milk from another animal, as all other mammals in the animal kingdom only drink their mothers' milk.*

• mammalian (adj)

1.166 determine (v) [1]

καθορίζω, προσδιορίζω

to cause something to occur in a particular way or to have a particular character

*The decisions that you make early in your career could **determine** the rest of your professional life.*

• pre-determined (adj)

READING: CLOZE, Problems 67 – 76, Page 30

1.167 sanitization (n)

απολύμανση, εξυγίανση

the action of making something (e.g. hospital equipment) clean, hygienic, and free from infection
*Dangerous bacteria has spread through the kitchen due to improper **sanitization** of the surfaces and equipment.*

• sanitize (v), (in)sanitary (adj)

1.168 utensil (n)

μαγειρικό σκεύος

a household tool for everyday use, e.g. in the kitchen

*This company designs kitchen **utensils**, including a cutting knife that can also peel fruit.*

1.169 contamination (n)

μόλυνση

polluting or poisoning something (e.g. a river), so that it becomes dangerous

*Kitchen workers must wash their hands carefully in order to prevent bacterial **contamination** of the food.*

• contaminate (v), contaminated (adj),
decontaminate (v)

1.170 sanitizing (adj)

απολυμαίνω, εξυγιαίνω

made or designed to make something (e.g. a kitchen) clean, hygienic, and free from infection
*Please use this **sanitizing** hand wash before touching anything in the kitchen.*

• sanitize (v)

1.171 pesticide (n)

παρρασιτοκτόνο

a substance used to kill insects or other organisms that damage plants or animals

*Farmers can use this **pesticide** to get rid of rats without damaging other plants and animals or the environment.*

• pest (n)

1.172 safeguard (v)

περιφρουρώ, διαφυλλάσω

to take appropriate measures in order to protect something valuable (e.g. a human right) from being damaged or lost

*In the internet age, we need new laws to **safeguard** individuals' right to privacy.*

- safeguard (n)

1.173 plant (n)

εργοστάσιο

an industrial area or building where something is manufactured

*There are one thousand workers employed at this soft drinks **plant**, which produces ten thousand bottles a day.*

1.174 insecticide (n)

εντομοκτόνο

a substance used to kill insects

*Our apartment had to be sprayed with **insecticide**, to get rid of all the cockroaches.*

1.175 operation (n) [2]

λειτουργία, διαδικασία

an activity in which a group of people each do different tasks in order to reach a single goal

*Over one hundred emergency services personnel took part in the rescue **operation** to find and save the missing children.*

- operate (v), operative (n)

1.176 ensure (v)

εξασφαλίζω, εγγυώμαι

to make certain of obtaining or providing (something)

*These rules **ensure** the safety of all drivers and prevent possible accidents.*

1.177 capacity (n) [1]

ικανότητα, δυνατότητα

the ability or power to do or understand something

*Some children show an amazing **capacity** for learning and are able to comprehend concepts that even adults struggle to grasp.*

- capable (adj)

READING: CLOZE, Problems 77 – 86, Page 31**1.178 hardy** (adj)ανθεκτικός, σκληραγωγημένος, θαρραλέος
(of a plant) able to survive cold winter

temperatures

*These plants are **hardy** and can survive even the coldest winters.*

- hardiness (n)

1.179 temperate (adj)

ήπιος

characterized by mild temperatures and a climate that is neither too hot nor too cold

*In the north of the country is extremely hot desert; in the south, freezing mountains. Only the central region is **temperate** enough to farm crops.*

1.180 thrive (v) [1]

ευημερώ, ακμάζω, προοδεύω

(of a child, animal, or plant) to grow or develop well or in a healthy way

*The river had been heavily polluted, but now the factories are gone, the fish are able to **thrive** once more.*

- thriving (adj)

1.181 duplicate (v) [1]

αντιγράφω, αναπαράγω

to make or be an exact copy of

*The museum has a model of a 17th-century village, which **duplicates** exact conditions at that time.*

- duplicate (n)

1.182 express (adj)

ξεκάθαρος

clearly stated, so as to leave no doubt or misinterpretation

*The manifesto contains Southgate's **express** intentions, leaving readers in no doubt what he will do if elected.*

- express (v)

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1.183 peculiar (adj)

παράξενος, ιδιόρρυθμος (για άνθρωπο)

particular, special

People in this isolated village have their own

peculiar accent.

• peculiarity (n)

1.184 distinct (adj) [1]

ευδιάκριτος, ξεχωριστός, σαφής

recognizable as different from something else that is similar

*Though the tenor saxophone and the soprano saxophone sometimes sound similar, they are in fact two completely **distinct** instruments.*

• distinction (between something and something) (n)

1.185 stem from (phr v)

προέρχομαι, προκύπτω

be caused by or develop as a result of

*Extreme weather phenomena can **stem from** seemingly small changes in temperature.*

1.186 originate (v)

προέρχομαι, γεννιέμαι, κατάγομαι

to come from a certain time or a certain place, which marks the first beginning

*The town **originated** in the 10th century, when local farmers started a small village.*

• origin (n), original (adj), originally (adv)

1.187 shield (n)

προστασία, ασπίδα

someone or something that provides protection

*By making difficult situations seem less serious, humor can offer a **shield** to protect our minds against the more unpleasant aspects of life.*

• shield (v)

1.188 preservation (n)

διατήρηση, διαφύλαξη, συντήρηση

the act of keeping something in an unchanged state or condition

*The **preservation** of natural animal habitats becomes even more essential as cities grow and transform the environment.*

• preserve (v)

1.189 apprise someone (of something) (v)

ειδοποιώ, πληροφορώ

to tell someone information that they need to know

*I emailed the boss a short progress report, to **apprise** her of how the project was developing.*

1.190 acquaint someone (with something) (v)

εξοικειώνω

to make someone aware of something and know about it

*This course will **acquaint** students with all the techniques they need for basic self-defense.*

• acquaintance (n)

1.191 accustomed (to something) (adj)

συνηθισμένος

used to something (e.g. a routine), so that it does not seem strange or difficult

*I was **accustomed** to living in a quiet rural town, so I got quite a shock on moving to the big city.*

• custom (n), accustom (someone to something) (v)

READING: VOCABULARY, Problems 87 - 102, Pages 31 - 32

1.192 penalty (n)

πρόστιμο

a punishment for breaking a law, a rule, a contract, etc.

*Drivers who break the speed limit could face tougher **penalties**, including fines and even jail time.*

• penal (adj), penalize (v)

1.193 incite (v)

υποκινώ

to encourage violent or destructive behaviour

*The newspaper was accused of **inciting** hate crimes by printing false stories that criticized ethnic minorities.*

• incitement (n)

1.194 impose (v)

προκαλώ, υποκινώ

to force someone to fulfil or pay something (e.g. a duty or pay a charge)

*To protect the environment, the government should **impose** heavier taxes on industries that pollute.*

- imposition (n)

1.195 confer (v)

επιβάλλω, υπαγορεύω

to give someone something that carries an advantage (e.g. a title, a degree, or a right)

*Being awarded a university degree **confers** all sorts of advantages on young people entering the job market.***1.196 prosecute** (v)

διώκω

to start legal proceedings against someone (a person or organization) that has committed a crime

*Famous actor Brian Steeple is **prosecuting** The Lowdown magazine, after it made false claims about his private life.*

- prosecution (n), prosecutor (n)

1.197 ideally (adv)

ιδανικά

preferably

***Ideally**, there should be no more than ten students in a class, because larger class numbers make it difficult for the teacher to give personal attention to each of the students.*

- ideal (adj), ideal (n)

1.198 promptly (adv)

άμεσα

with no delay or waste of time

*Next time, please make sure you reply to any emails **promptly**, not after three or four days.*

- prompt (adj)

1.199 deduction (n)

συμπέρασμα

the use of a general law or principle to make logical conclusions

*John Nash's 'game theory' supposedly makes it possible to make **deductions** about how people will behave in future.*

- deduce (v)

1.200 outlook (n) [1]

άποψη, θέση, αντιμετώπιση

a possible prospect or prediction about the future

*Economic experts predict a rise in employment and average wages, so the economic **outlook** for the next year can be described as positive.***1.201 gleam** (v)

λάμπω, φεγγοβολώ

to shine brightly, especially due to being very clean or polished

*After we had finished cleaning the car, the paintwork was **gleaming** as bright as that on a new car.*

- gleam (n)

1.202 makeover (n)

αλλαγή (σε εμφάνιση)

a total transformation in the way someone or something looks

*I love watching these programs where they give an old house a complete **makeover** so that it looks completely new.***1.203 concur** (v)

συναινώ, συμφωνώ

to agree with something (e.g. a decision or opinion)

*Five members of the board **concurred** with the findings of the report, while only two disagreed.*

- concurrence (n)

1.204 contract (with someone to do something) (v) [1]

προσλαμβάνω, έχω σύμβαση

to make a formal and legally binding agreement

*The city council has **contracted** with a French construction company to build the bridge.*

- contract (n), contractual (adj)

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1.205 coincide (v)

συμπίπτω

to happen at the same time

*The festival, which took place on July 4, **coincided** with the celebration of Independence Day in the US.*

1.206 converge (v)

συγκλίνω

to come together from different directions and meet in the same place

*At the foot of the mountain, the two rivers **converge**, forming a single river.*

• convergence (n)

1.207 auditor (n)

ελεγκτής

a person whose job it is to make a complete review or assessment of something

*As a health service **auditor**, Neil's job is to examine how well hospitals are treating patients.*

• audit (n)

1.208 in reference to (phr)

αναφορά, παραπομπή

in relation to, or regarding

*In **reference** to his party's recent electoral defeat, the minister said, "The days of positive political change seem to have ended."*

• refer (to something) (v), reference (n)

1.209 in accordance with (phr)

σύμφωνα με

in a way that obeys something (e.g. rules)

*People who visit this holy festival must dress **in accordance with** certain rules and cannot just wear whatever they want.*

1.210 conjunction: in conjunction with (phr)

συνδυασμός

together, for the same purpose

*For this movie, the directors used up-to-date digital technology **in conjunction with** older, pre-digital methods.*

1.211 consequence: as a consequence of (phr)

συνέπεια, αποτέλεσμα

as a result of

*Astrologists believe that things can happen in people's lives **as a consequence of** astral and planetary movements in space.*

1.212 let in (phr v)

αφήνω, επιτρέπω την είσοδο

allow someone or something to enter

*You have to hit that button to open the main door and **let** people **in**.*

1.213 run away (phr v)

δραπετεύω

leave or escape from a place, person, or situation

*Carla **ran away** from the boredom of her small hometown and went searching for a better life in the city.*

1.214 turn up (phr v) [1]

εμφανίζομαι, παρουσιάζομαι

be found, usually by chance, after having been lost

*I thought I had lost my smartphone, but it **turned up** in my friend's apartment when she was moving some furniture.*

1.215 show off (phr)

επιδεικνύομαι

show or talk about your abilities or

achievements, in order to impress people

*OK, we know that your essay got top marks, but there's no need to keep **showing off** about it!*

• show-off (n)

1.216 auction (n)

δημοπρασία

an event organized to sell valuable goods to the person who offers to pay the most money

*The museum organized an **auction** to sell some of its paintings to wealthy art collectors.*

• auction (v), auctioneer (n)

1.217 portion (n)

μερίδα, τμήμα

a part of something is shared between two or more people

My **portion** of the profits only came to 10%.

- apportion (v)

1.218 proceeds (n)

κέρδη, εισπράξεις

money raised at an event or activity

The marathon is being organized for charity, and 90% of the **proceeds** from runners' participation fees and from sponsorship deals will be donated.

1.219 premium (n)

πρόσθετη αμοιβή

an extra sum added to the ordinary price or charge

Customers pay an extra **premium** of 20% on the sale price for same-day delivery.

- premium (adj)

1.220 prospect (n)

προοπτική

the possibility that a future event will take place

The New York team have won nearly all their games so far, so there is a very real **prospect** of them winning the championship.

- prospective (adj)

1.221 recede (v)

υποχωρώ, αποσύρομαι

to go or move back or further away

The drought has caused the river to shrink and the water line to **recede**.

1.222 resolve (v) [1]

επιλύω, αποφασίζω

to find a solution to a problem or difficulty

I am glad to say that our disagreement has been **resolved** and our working relationship is now free of problems.

- resolution (n), (ir)resolvable (adj)

1.223 restrict (v)

περιορίζω

to keep something under control by placing a limit on it

French radio stations **restricted** the number of English-language songs that could be played on the radio, in order to protect the French language.

- restriction (n)

1.224 reinforce (v) [2]

ενισχύω, ενδυναμώνω

to make people feel a feeling or agree with an idea even more strongly

We need to use more forceful language in our poster campaign, in order to **reinforce** the message that animal cruelty must be stopped.

1.225 bring sth up (phr v)

αναφέρω

introduce a subject for discussion

At our next meeting, I will **bring up** the matter of our web site, as I think we should discuss how it can be updated.

1.226 hang in there (phr)

κάνω υπομονή, δεν εγκαταλείπω την προσπάθειά μου

stay persistent and refuse to give up, despite the difficulties

After running 15 km, Jack felt exhausted and ready to give up, but he **hung in there** and managed to finish the full 25 km.

1.227 have a go at sth (phr)

δοκιμάζω, προσπαθώ

make an attempt at something

I doubt we will win the quiz, but we might as well **have a go**.

1.228 ample (adj)

επαρκής, αρκετός

spacious and with plenty of room

The house has an **ample** garden with enough space for the children to run around in.

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1.229 complex (n)

συγκρότημα

a network of things that are linked together in a complicated way

*Not even the most powerful computer could map the **complex** of neural pathways in the human brain.*

1.230 aspiration (n)

φιλοδοξία, βλέψη

a hope or ambition of achieving something

*Michael is confident that he will one day achieve his **aspiration** to win the Nobel Prize.*

• aspire (to do something) (v), aspiring (adj), aspirational (adj)

1.231 feature (n)

χαρακτηριστικό στοιχείο

a characteristic or attribute

*The unusually shaped roof is perhaps this building's most interesting **feature**.*

• feature (v)

1.232 exaggerated (adj)

υπερβολικός, υπέρμετρος

seen or described as larger, better, worse, etc., than is true in reality

*The claim that there were ten thousand people at the political rally is no doubt **exaggerated**, as the actual number was not even half that many.*

1.233 ambient (adj)

περιβάλλον

relating to the immediate environment around something

*This microphone is especially designed to record the voice only and remove any **ambient** noise.*

• ambience (n)

1.234 amicable (adj)

φιλικός

friendly and free from negative feelings

*Paul and Sarah decided to break up, but they managed to keep the situation **amicable**, without any angry arguments or fighting.*

1.235 amusable (adj)

που μπορεί να ψυχαγωγηθεί

easy to entertain with something interesting to do
*Most children are highly **amusable** and will enjoy doing activities that are not too difficult or repetitive.*

• amuse (v), amuse myself (v), amusement (n)

1.236 ambiguous (adj)

ασαφής, διφορούμενος

not clear or definite, so that there are several possible meanings or interpretations

*When asked if he would accept the role in the upcoming movie, Liam answered, in a deliberately **ambiguous** manner: "Maybe yes, maybe no."*

• ambiguity (n), ambiguously (adv)

1.237 fierce (adj) [2]

άγριος, μανιώδης

having or displaying an intense or ferocious aggressiveness

*During a **fierce** debate in parliament, angry words were exchanged and there were even threats of violence.*

• fierceness (n)

1.238 contention (n)

διαμάχη, διένεξη

heated disagreement

*Professor Stevens and Professor Andrews hold very different views on the subject, so we can expect there to be some **contention** when they debate the matter next week.*

• contend (that) (v), contentious (adj)

1.239 summarily (adv)

συνοπτικά, περιληπτικά

quickly and without the normal formalities
*He made an error while on the job and was **summarily** dismissed.*

• summarize (v), summary (n)

1.240 consecutively (adv)

διαδοχικά

in a continuous order, successively

*They won three games **consecutively**.*

• consecutive (adj)

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1.241 turbine (n)

στρόβιλος, τουρμπίνα

a machine based on a revolving set of blades used to make electrical power
*Water **turbines** are used to make electricity in hydroelectric power plants.*

1.242 convert (v)

μετατρέπω

to change form, transform
*Plants **convert** sunshine into basic sugars via photosynthesis.*
 • conversion (n), convertible (adj)

1.243 harness (v)

τιθασεύω, χαλιναγωγώ

to control and/or use sth, especially natural resources
*Solar panels **harness** the power of the sun.*

1.244 pump (n)

αντλία

a piece of equipment used to move water or fuel into or out of sth
*In my village I use a water **pump** to pump water from the well into my home.*
 • pump (v)

1.245 extend (v)

διευρύνω, επεκτείνω

to stretch out in order to make more relevant to or reach a particular point
*They **extended** the house by adding a bedroom.*
 • extension (n), extensive (adj)

1.246 acre (n)

μονάδα μέτρησης εμβαδού (1 acre = 4 στρέμματα)

a unit that measures land/area
*How many **acres** is the field you inherited?*

1.247 tower (n)

πύργος (κεραίας, μετάδοσης σήματος κ.ά.)

tall and narrow structure, often free-standing and made of a metal framework
*The radio **tower** was located on top of a local hill.*

1.248 foundation (n) [1]

βάση, θεμέλιο

the base of
*The building was built on strong concrete **foundations**.*

1.249 vulnerable (adj)

ευάλωτος, ευπαθής

easily affected by, exposed to harm or damage
*Cheap prefabricated buildings are **vulnerable** to earthquakes.*
 • vulnerability (n)

1.250 flow (n)

ροή (υγρού, ρεύματος και αερίου)

the continuous movement of a liquid, gas or electricity
*A blockage in the system blocked the **flow** of air, causing overheating of the machinery.*
 • flow (v)

1.251 guidance (n)

σύστημα διακυβέρνησης, καθοδήγηση

the act or process of determining position and directing the motion of
*All modern aircraft have computer aided **guidance** systems.*
 • guide (v)

1.252 lightweight (adj)

ελαφρύς, κατασκευασμένος από ελαφρά υλικά

lighter than usual, especially by use of the lightest construction materials
***Lightweight** carbon fiber mountain bikes are better but a lot more expensive.*

1.253 feasible (adj)

εφικτός

able to be done, possible and practical
*They came up with a **feasible** plan which could easily be implemented.*
 • feasibility (n), feasibly (adv)

1.254 frontrunner (n)

που προηγείται, φαβορί

leader, person or thing most likely to win or succeed
*The company remains a **frontrunner** in innovative computer design.*

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1.255 **efficient** (adj)

αποτελεσματικός, αποδοτικός

being effective and not wasteful

*It is important to be **efficient** and effective rather than waste time.*

• efficiency (n), efficiently (adv)

1.256 **airborne** (adj)

εναέριος, σε πτήση, που μεταφέρεται μέσω του αέρα

in the air, flying

*The aircraft took off and was **airborne**.*

1.257 **swoop** (v)

χιμώ

to move quickly through the air (usually for birds to attack the prey)

*The hawk **swooped** down to snatch the turtle.*

• swoop (n)

1.258 **rotor** (n)

στροφέιο, περιστρεφόμενο μέρος ηλεκτρικής μηχανής

part of a machine with attached blades or fans that spins round

*The **rotor** spins around, creating thrust.*

• rotate (v), rotary (adj)

1.259 **tether** (v)

δένω με σχοινί ή λουρί

to attach, fasten

*The helium balloon was **tethered** by ropes so it wouldn't fly off.*

• tether (n), tethered (adj)

1.260 **cable** (n)

καλώδιο, σύρμα

wire made of metal

*Suspension bridges are held up by strong **cables**.*

1.261 **conventional** (adj)

συμβατικός, παραδοσιακός

traditional or usual, especially because it is based on the ways of the past

*Fossil fuels are a **conventional** energy source.*

• convention (n)

1.262 **interference** (n)

παρέμβαση, επέμβαση

involvement, especially when disruptive or unwanted

*Your **interference** in your sister's affairs is not appreciated.*

• interfere (v)

1.263 **aviation** (n)

αεροπλοΐα, αεροπορία

operating, flying or building aircraft

*Powered **aviation** is a 20th century invention.*

• aviator (n), aviate (v)

1.264 **keep sth aloft** (phr)

κρατώ κάτι ψηλά στον αέρα

to maintain/keep sth up in the air

*They managed to **keep the kite aloft**, despite the drop in wind.*

1.265 **surmountable** (adj)

υπερβατός, που μπορεί να ξεπεραστεί

that can be solved or overcome

*The challenges they face were difficult but ultimately **surmountable**.*

1.266 **literally** (adv)

κυριολεκτικά

in a real sense, not figuratively

*The boat was **literally** blown out of the water by the explosion.*

• literal (adj)

1.267 **reliable** (adj)

αξιόπιστος

that can be trusted or depended on

*The spy turned out to be a **reliable** source of information.*

• reliability (n), reliably (adv)

1.268 **storage** (n)

αποθήκευση

state of being kept for later use

*Energy **storage** is possible by using batteries.*

• store (v)

1.269 mass-produce (v)

παράγω μαζικά

to make in large amounts

*This particular model of mobile phone is **mass-produced** in China and exported world-wide.***1.270 in conjunction with** (phr)

σε συνεργασία με, από κοινού

together with, at the same time or place as

*Information technology was developed **in conjunction with** computers.***1.271 navigation** (n)

πλοήγηση

act or process of understanding location and determining course

*The development of the compass was fundamental to **navigation**.*

navigate (v), navigational (adj)

1.272 transmit (v) [2]

μεταδίδω, διοχετεύω

to send out or allow to pass through a medium

*Laser light encoded with data is **transmitted** down optical cables.*

• transmission (n), transmitted (adj)

1.273 debatable (adj)

αμφιλεγόμενος, αμφισβητήσιμος, αμφίβολος

that can be argued or discussed, disputable

*Whether social media has detrimental effects or not remains a **debatable** issue.*

• debate (n), debate (v)

1.274 conquerable (adj)

εκείνος/-η/-ο που μπορεί να κατακτηθεί ή ηττηθεί

that can be overcome or defeated

*In spite of its strength, the enemy army proved to be **conquerable**.*

• conquest (n), conquer (v)

READING, Problems 109-114, Page 35**1.275 behavioral** (adj)

συμπεριφορικός

related to conduct and the way sb/sth acts

*Pavlov famously carried out **behavioral** experiments on animals.*

• behavior (n), behave (v)

1.276 region (n)

περιοχή, περιφέρεια

area, locale

*He experienced pain around the lower neck **region**.***1.277 identify** (v) [1]

προσδιορίζω, εξακριβώνω, αναγνωρίζω

to say who or what something is

*They were able to **identify** the cause of the problem as a faulty wire in the main server.*

• identification (n), identifiable (adj)

1.278 linguistic (adj)

γλωσσολογικός, γλωσσικός

concerning languages

*Children acquire basic **linguistic** ability early in their development.*

• linguistics (n)

1.279 decode (v)

αποκωδικοποιώ, αποκρυπτογραφώ

to interpret or convert into sth that can be understood

*They **decoded** the encrypted message.*

• code (n)

1.280 register (v)

καταγράφω

to become aware of, make an impression on the mind

*It simply didn't **register** that standing in the middle of the road was dangerous.*

• registration (n), registered (adj)

1.281 primate (n)

πρωτεύον θηλαστικό (άνθρωπος ή πίθηκος)

mammals such as monkeys and humans

***Primates** are characterized by hands, front facing eyes and an enlarged brain cortex.*

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1.282 MRI scanner (n)

μαγνητικός τομογράφος

machine using magnetic resonance images to investigate the internal functioning of the body
*The **MRI scanner** was used to diagnose his condition after doctors had difficulty pin-pointing the problem.*

1.283 vocalization (n)

εκφώνηση, εκφορά λόγου

act or state of speaking or making sounds
*Interpretation of cat **vocalization** is possible by the intonation of the meowing.*
• vocalize (v), vocal (adj)

1.284 auditory (adj)

ακουστικός

related to hearing
*Partially deaf people suffer from reduced **auditory** capability.*
• audio (n)

1.285 cortex (n) (also cerebral cortex)

εγκεφαλικός φλοιός

outer area of the brain important to awareness and thought
*Alzheimer's disease can affect the **cortex**, thus impairing memory and cognitive function.*

1.286 light up (phr v)

διαφωτίζω

to illuminate, become brighter
*The flash of lightning was so intense that it **lit up** the entire city.*

1.287 growl (v)

γρυλίζω, βρυγχώμαι

to make an angry sound
*The lion at the zoo **growled** at me and I felt scared.*

1.288 frontmost (adj)

μπροστινός, απώτερος, υπέρτατος

at the front, the furthest position
*He sat on the **frontmost** seat on the train.*

1.289 temporal lobe (n)

κροταφικός λοβός

protruding part of the cerebral region of the brain responsible for hearing and speech
*Humans have a pair of **temporal lobes** located just behind the temples.*

1.290 attuned (adj)

συντονισμένος, εναρμονισμένος

be aware and responsive
*Those **attuned** to changing circumstance can adapt faster.*
• attunement (n), attune (v)

1.291 domesticate (v)

εξημερώνω

to make suitable for living alongside people, house-train
*Cats and dogs were **domesticated** from wild animals thousands of years ago.*
• domestication (n), domesticated (adj)

1.292 account for (phr v) [1]

δικαιολογώ, εξηγώ

to provide an explanation or reason for something
*Barry's soccer team lost again last night, which **accounts for** the miserable look on his face this morning.*

1.293 definitive (adj) [1]

οριστικός, τελειωτικός

unable to be argued about, final and definite
*Finding the murder weapon in the suspect's house was **definitive** proof of guilt.*
• definitively (adv)

1.294 physically (adv) [1]

σωματικά

in a way that relates to the body, bodily
*What I do at work is **physically** demanding; that's why I get tired.*
• physical (adv)

1.295 evolve (v)

εξελισσομαι

to gradually develop, often to improve a specific function

*Humans **evolved** from other primates.*

• evolution (n), evolutionary (adj)

1.296 confirmation (n)

επιβεβαίωση, απόδειξη

proof or verification that sth is true or correct

*They are awaiting **confirmation** that the project will go ahead.*

• confirm (v), confirmed (adj)

1.297 evolutionary (adj)

εξελικτικός

related to the gradual development of organisms into different species

*Humans are supposed to be higher up the **evolutionary** tree than other primates.*

• evolution (n), evolve (v)

1.298 in response to (phr)

σε απάντηση, ως αντίδραση

as an answer or reaction to

*She refused to talk to him **in response to** his criticisms.***1.299 attunement** (n)

εναρμονισμός

the state of being in harmony with sth

*He is visiting a psychotherapist in the hopes that he can work on his emotional **attunement**.*

• attune(v)

READING, Problems 115-120, Page 36**1.300 crash** (v)

συγκρούομαι

to hit or collide with

*A meteorite **crashed** into the ground with tremendous force.*

• crash (n), crashed (adj)

1.301 interstellar (adj)

διαστρικός, μεταξύ αστέρων

happening in or related to the space between the stars

Interstellar** travel is a staple of science fiction stories.1.302 pileup** (n)

καραμπόλα (οχημάτων)

a collision, especially a large multi-vehicle accident

*There was a huge **pileup** on the interstate highway this morning.***1.303 merge** (v)

ενώνω, συγχωνεύομαι

to combine, come together

*Both companies **merged** to become a single entity.*

• merger (n)

1.304 plume (n)

σύννεφο καπνού

a mass of material, smoke or sth resembling a vapor spreading out from a source

*A huge **plume** of volcanic ash billowed up into the sky.***1.305 emanate** (v)

προέρχομαι, πηγάζω, απορρέω

to come out from a source

*The enticing smell of freshly baked cookies****emanated** from the kitchen.*

• emanation (n)

1.306 comprise (v)

αποτελούμαι, απαρτίζομαι από

to be made up of, consist

*A triathlon **comprises** swimming, cycling and running events.*

• comprised (adj)

1.307 hurl (v)

εκσφενδονίζω

to throw with force

*The children **hurled** snowballs at each other in fun.*

• hurled (adj)

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1.308 clash (n)

σύγκρουση

violent confrontation, a situation in which two or more things happen at the same time (causing trouble)

*During the riot, a **clash** between protestors and the police was unavoidable.*

• clash (v)

1.309 undergo (v)

υποβάλλομαι, υφίσταμαι

to experience, go through

*All recruits **undergo** basic training before final assignment.*

1.310 successive (adj)

διαδοχικός

continuous, one after the other

*After getting high scores in three **successive** tests, he felt even more confident.*

• succeed (v), succession (n), successively (adv)

1.311 soak (v)

μουσκεύω, εμποτίζω

to completely infuse or saturate, especially by liquid

*Not having umbrellas, the rain **soaked** their clothes completely.*

• soaked (adj)

1.312 ignite (v)

αναφλέγομαι, αναφλέγω

to light, set fire to

*The flame **ignited** petrol fumes and caused an explosion.*

• ignition (n)

1.313 quadruple (v)

τετραπλασιάζω

to increase in size four times

*She **quadrupled** her initial capital by making clever investments.*

1.314 underway (phr)

σε εξέλιξη

in progress

*Candidates may be permitted to leave the exam room before and after the examination, but not while the examination is **underway**.*

Vocabulary exercises

1 Complete the pairs of sentences with the correct form of the words given.

1 **concur / resolve**

- If neither side is willing to listen to the other, there is no way to _____ this dispute.
- Professor Nile mostly _____ with Professor Ronson's view on the matter, though there are one or two small points he disagrees with.

2 **benchmark / frontrunner**

- Sweden's outstanding education system has become a _____ against which the education systems of other countries are measured.
- Senator Jones is currently the _____ in the electoral race, as he leads by twenty thousand votes.

3 **sufficient / scarce**

- I'm not sure there is _____ space in this small apartment for a concert piano.
- Local building materials have become so _____ that imports have to be brought in from outside the country.

4 **contamination / sanitization**

- The health of patients depends on the proper _____ of all hospital equipment.
- The radioactive _____ of the farmland meant that all food crops had to be destroyed.

5 **reinforce / duplicate**

- A separate research team _____ the original experiment, but this time with different results.
- Sarah's rude comments at the meeting only served to _____ the opinion that she is difficult to work with.

6 **emanate / elaborate**

- The strange sound seemed to be _____ from somewhere underneath the building.
- Could you _____ on what you said earlier about Elena's professional experience?

7 **average / mundane**

- At one-and-a-half meters, Nicky is slightly above the _____ height for girls her age.
- Paul is able to find interest in matters that other people consider boring and _____.

8 **stopover / deadline**

- We have a two-hour _____ in Stockholm before our flight to Reykjavik.
- There's no way we can get all this work done before the _____.

9 **complex / peculiar**

- These mathematical equations are so _____ that you need to be a genius to understand them.
- People were puzzled by Carwell's _____ and cryptic answers to the interviewer's questions.

10 **controversy / penalty**

- The _____ for getting on the metro without a ticket is a fine of two hundred dollars.
- The _____ surrounding the university began with a news report into unfair admissions policies.

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2 Complete the sentences with the correct form of the verbs in the box.

• bring up • get along • come up with • turn out • stem from • bulk up • pick up • figure out • crash out • light up

- 1 I was exhausted when I finally got home, so much so that I just _____ on the couch.
- 2 James' arms, normally thin and skinny, looked _____ because of all the layers of clothing he was wearing to keep off the cold.
- 3 The country's social problems did not come about recently; rather they _____ changes that occurred decades ago.
- 4 My housemates are always arguing and seem to find it impossible to just _____.
- 5 The band are going to have to _____ another name, because the name they originally chose, The Originals, already belongs to another group.
- 6 Sally doesn't like talking about her job, so please don't _____ anything to do with work.
- 7 We've had nothing but rain all week, but the weather will hopefully _____ at the weekend.
- 8 Perhaps no one will ever be able to _____ the mystery of what happened to the missing statues.
- 9 We had thought the game would be an easy win for our team, but things didn't _____ that way.
- 10 If this red bulb _____, you need to call security immediately.

3 Complete each sentence with the correct form of the word in parentheses.

- 1 The melody doesn't consist of actual words, just strange _____. (vocal)
- 2 Some animals are impossible to _____ and should never be kept as pets. (domestic)
- 3 The scientists noticed some _____ changes after the rats ate certain foods. (behavior)
- 4 If you ever need my help, I can always provide you with support and _____. (guide)
- 5 You claim the new coach has improved the team, but I'd say that is _____. (debate)
- 6 Adrenalin produces a state of _____ awareness. (height)
- 7 This movie is great if you are just looking for some harmless _____ to take your mind off things for a while. (escape)
- 8 Doctors and nurses complain that the health system is still seriously _____. (fund)
- 9 Through successive _____ changes, these animals eventually grew wings. (evolution)
- 10 The main advantage of using solar power is _____. (sustain)

4 Match the nouns with their definitions.

- | | |
|---------------------|-------------------------------------|
| 1 initiative _____ | a dangerously excessive body weight |
| 2 standpoint _____ | b amount of money made |
| 3 cadence _____ | c a way of looking at things |
| 4 remedy _____ | d shade of a color |
| 5 obesity _____ | e treatment for an illness |
| 6 plumage _____ | f problem which causes delays |
| 7 revenue _____ | g seller |
| 8 vendor _____ | h a program |
| 9 hue _____ | i a bird's feathers |
| 10 bottleneck _____ | j the rhythm of speech |

5 Complete the sentences with the adjectives in the box.

• diverse • attuned • fierce • successive • fundamental x2 • definitive • prompt • innovative • literal

- 1 The Spartans were _____ warriors, who were feared throughout the land.
- 2 What we need are new and _____ approaches, not a repeat of the same old methods that have already failed so often.
- 3 The idea of personal freedom is _____ to the American way of life.
- 4 These artists rejected the rich and _____ patterns of older works in favor of a uniform simplicity.
- 5 I was anxious to hear back from you as soon as possible, so thank you for your _____ reply.
- 6 A gripping story is still the _____ ingredient of any crime mystery novel.
- 7 When I said that Alex is “my brother”, I wasn’t speaking in _____ terms, as we’re not actually related.
- 8 The education system has always been _____ to the changing needs of students and has adapted in order to meet those needs.
- 9 I am afraid I cannot give you a final, _____ answer, as there are still some grey areas to consider.
- 10 Students sit an examination at the end of each _____ stage of the course.